



INTERNATIONAL SURGICAL SLEEP SOCIETY

OCTOBER 15-16, 2026 / LOS ANGELES, CALIFORNIA

AGENDA UPDATED OCTOBER 14, 2026

THURSDAY OCTOBER 15

● **Concurrent A:** Diamond 1-3 ● **Concurrent B:** Diamond 4
● **Breaks:** Diamond 5 (Exhibit Hall)

Registration & Information (6:30 AM - 5:00 PM)		Location: Diamond Ballroom Foyer	
Exhibit Hall (7:00 AM - 7:00 PM)		Location: Diamond 5	
7:00 AM	Breakfast Symposium sponsored by Aerin Medical		Location: Diamond 4
8:00 AM	Break		
8:15 AM	Welcome and introduction Chairs: Reena Dhanda-Patil, MD Chair: Jolie Chang, MD		
8:30 AM	CONCURRENT A ▼ Research Session: Assessing Success in Sleep Surgery Chair: Colin Huntley, MD; Moderators: Olivier Vanderweken, MD and Linda C Magana, MD, PhD • What outcome should we care about? Ed Weaver, MD, MPH • PROMs: which is best? Patrick Strollo, MD, FACP, FCCP, ATSF, FAASM • Pediatric Outcomes Derek Lam, MD, MPH • AHI vs. Hypoxic Burden Abhay Sharma, MD • Q&A & Discussion	CONCURRENT B ▼ Pathways to Practice in Sleep Medicine Moderators: Noah Parker, MD, FACS and Randall Ow, MD, FACS • Building an academic practice Marion Boyd Gillespie, MD, MSc • Building a non-academic practice (as a comprehensive otolaryngologist) Nicholas Beckmann, DO • Building a multidisciplinary sleep center Emilie Bequignon, MD, PhD • Social media: How and Why? Chris Gouveia, MD • Use of AI and Wearables in OSA Robson Capasso, MD • Q&A & Discussion	
10:00 AM	Break		
10:30 AM	CONCURRENT A ▼ FilmFest: How I Do It Moderators: Phillip LoSavio, MD and Michael Hutz, MD • Soft Tissue Lyndon Chan, MBBS, FRACS, MBA; Megan Durr, MD; Tucker Woodson, MD; Noah Parker, MD, FACS; Anand Raju, MS, DNB, MNAMS • Skeletal Surgery Michael Hutz, MD; Clement Lin, MD, MS; Pedro Gomes de Oliveira, MD; Julianna Rodin, MD • Hypoglossal Nerve Stimulation Clemens Heiser, MD, MHBA, PhD; Maria Suurna, MD, FACS	CONCURRENT B ▼ Research Abstracts 1 Moderators: Phoebe K Yu, MD, MPH and Leonard Soh, MBBS, MRCS, MMed, FAMS SEE ABSTRACTS AND SUB-SESSION DETAILS:  NOTE: To view individual abstract content, please check the mobile app	
12:00 PM	Lunch Symposium sponsored by Livanova		Location: Diamond 4
1:00 PM	Break		
1:30 PM	CONCURRENT A ▼ Research Session: Salvage of HNS Nonresponders Chair: Colin Huntley, MD; Moderators: Yi Cai, MD and David Kent, MD • Optimizing AHI Armin Steffen, MD • Optimizing usage Colin Huntley, MD • Assessing and optimizing symptoms Katherine Green, MD, MS • Roundtable Discussion Katherine Green, MD, MS; Clemens Heiser, MD, MHBA, PhD; Colin Huntley, MD; Armin Steffen, MD	CONCURRENT B ▼ Spanish Session Moderator: Jolie Crespo, MD • Sleep Surgery in Latin America: Challenges, Opportunities, and Regional Perspectives Sebastian López, MD • Modern Pharyngoplasty and Suturas Barbadas, not Púas: What are we doing in Latin America? Alberto Landaida, MD • How to Start Hypoglossal Nerve Stimulation in Latin Practice Jessica Schwartz, MD • Q&A Discussion	

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THURSDAY OCTOBER 15 (continued)

● **Concurrent A:** Diamond 1-3 ● **Concurrent B:** Diamond 4
● **Breaks:** Diamond 5 (Exhibit Hall)

3:00 PM	Break		
3:30 PM	Research Abstracts 2 Ryan Cheong, MBBS BSc, MRCS, MSc FRCS and Emily Comness, MD SEE ABSTRACTS AND SUB-SESSION DETAILS:  NOTE: To view individual abstract content, please check the mobile app	APP/MD Collaboration in the ENT clinic Moderator: Kaitlyn Gilson, PA-C • Preoperative counseling and evaluation Joanna Forberg, PA-C, MMS • HGNS workflow from A to Z Xueying Cao, PA-C, MSPAS • PA and MD Collaboration Kaitlyn Gilson, PA-C and Colin Huntley, MD • Contemporary Sleep Surgery Management with GLP-1s Tarek Siala, PA-C • Roundtable Discussion	
5:30 PM - 7:00 PM	Welcome Reception: Research Awards and Poster Hall VIEW POSTER DETAILS:  NOTE: To view individual poster content, please check the mobile app		Location: Diamond 1-3

CADAVER LAB 1:30 PM - 6:00 PM

WJ Peacock Surgical Skills Laboratory David Geffen School of Medicine at University of California, Los Angeles

12:30 PM	Meet to take bus to Cadaver Lab
1:00 PM	Arrive at Lab
1:30 PM	Unilateral Hypoglossal Nerve Stimulation Michael Hutz, MD and Leonard Soh, MBBS, MRCS, MMed, FAMS
2:00 PM	Bilateral Hypoglossal Nerve Stimulation Ryan Nord, MD and Noah Parker, MD, FACS
2:30 PM	Palatopharyngoplasty/Coblation Palate Sebastian Jara, MD, MPH and Anand Raju, MS, DNB, MNAMS
3:00 PM	SARPE / Maxillary Expansion Techniques Michael Hutz, MD; Pedro Gomes de Oliveira, MD; Julianna Rodin, MD; Ryan Williams, MD, DMD
3:30 PM	Maxillomandibular Advancement / Genioglossus Advancement Mohamed Abdelwahab, MD; Courtney Chou, MD; Allen Huang, DDS, MD, FACS; Clement Lin, MD, MS
6:00 PM	Bus return to hotel

ISSS 2026 ANNUAL MEETING

NIGHT AND DAY: Bridging Innovation and Patient-Centered Care in Sleep Surgery

FRIDAY OCTOBER 16

● **Concurrent A:** Diamond 1-3 ● **Concurrent B:** Diamond 4
● **Breaks:** Diamond 5 (Exhibit Hall)

Registration & Information (7:00 AM - 5:00 PM)		Location: Diamond Ballroom Foyer
Exhibit Hall (7:00 AM - 3:30 PM)		Location: Diamond 5
6:30 AM	ISSS Business Meeting	Location: Diamond 1-3
7:00 AM	Breakfast Symposium sponsored by Nyxoah	Location: Diamond 4
8:00 AM	CONCURRENT A ▼	Welcome Address Maria Suurna, MD, FACS
8:15 AM		Sports & Sleep Joshua Goldman, MD, MBA
8:30 AM		Keynote: Projected Worldwide Impact of OSA Adam Benjafield, PhD
9:15 AM	Break	
9:45 AM	CONCURRENT A ▼	Hot topics in OSA management: Novel therapies & Evidence Moderators: Lyndon Chan, MBBS, FRACS, MBA and Badr Ibrahim, MD, FRCSC - AD109 Patrick Strollo, MD, FACP, FCCP, ATSF, FAASM - GLP1 and OSA Atul Malhotra, MD - Frenuloplasty for OSA: Myths vs. Reality Nikhila Raol, MD, MPH - The Emperor's New Clothes: Myofunctional therapy Eric Kezirian, MD, MPH
	CONCURRENT B ▼	Snoring and Mild OSA: What do I do? Moderators: Mark D'Agostino, MD and Rayleigh Chiang, MD, MMS, DrPH - Pediatric Mild OSA: Approaches to management Rachel Whelan, MD - Approaches to Mild OSA and Primary Snoring in Adults Ewa Olszewska, MD, PhD - Management of Oral Appliances: Tips Ofer Jacobowitz, MD, PhD, FAASM - Clinic Procedures for Snoring and Mild OSA Emily Comness, MD
10:45 AM	CONCURRENT A ▼	The Evolving Roles of DISE in Sleep Surgery Jolie Chang, MD and Madeline Ravesloot, MD PhD - Pediatric DISE: How is it different? Erin Kirkham, MD MPH - DISE Maneuvers: Jaw Thrust & What is the evidence? Sveta Karelsky, MD - Alternatives to DISE: PSG Waveform Analysis Olivier Vanderweken, MD - DISE Debate: Do we need it? Ed Weaver, MD, MPH and Stuart MacKay, BSC Med, MBBS, FRACS - Discussion
	CONCURRENT B ▼	Nasal breathing and OSA: Clinical strategies and practical pearls Martin Hopp, MD, PhD and Rajesh Valand, MD - Nasal Breathing in Children Jessica Schwartz, MD - In-Office tips and tricks Ashutosh Kacker, MBBS, MD - Q&A
12:00 PM	Lunch Symposium sponsored by Inspire	
		Location: Diamond 4

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ISSS 2026 ANNUAL MEETING

NIGHT AND DAY: Bridging Innovation and Patient-Centered Care in Sleep Surgery

FRIDAY OCTOBER 16 (continued)

● **Concurrent A:** Diamond 1-3 ● **Concurrent B:** Diamond 4
● **Breaks:** Diamond 5 (Exhibit Hall)

1:00 PM	CONCURRENT A ▼	OSA Across the Ages <i>Shintaro Chiba, MD, PhD and David Smith, MD, PhD, FACS, FAASM, FAAP</i> - Treatment in Children and Impact on Development <i>Norman Friedman, MD</i> - How Should We Approach OSA in Elderly? <i>Frederick Dochy, MD</i>	
1:30 PM		- Dementia and OSA <i>Atul Malhotra, MD</i> - Discussion	
2:00 PM	CONCURRENT A ▼	Women and OSA: From pathophysiology to clinical outcomes <i>Julianna Rodin, MD and Konomi Ikeda, MD, MS</i> - OSA Presentation and Diagnosis in Women <i>Andrea Plawecki, MD</i> - Anatomic and Physiologic Differences in Upper Airway Collapse <i>Megan Durr, MD</i> - Menopause, Hormones, and OSA Severity <i>Michelle Zeidler, MD</i> - OSA Outcomes in Women: Are We Extrapolating from Male-Dominant Data? <i>Kathleen Yaremchuk, MD</i>	CONCURRENT B ▼ Contemporary Soft Tissue Surgery in Sleep Apnea <i>Thomas Kaffenberger, MD; Moderator: Vikas Agarwal, MD</i> - Peds pharyngoplasty <i>Cristina Baldassari, MD, FAAP, FACS</i> - Adult epiglottis surgery <i>Yakubu Karagama, MBBS, DLO, MSc, FRCS</i> - Addressing the BOT <i>Phillip Lin, MD, FACS</i> - PPP: rationale for modifications, is UPPP obsolete? <i>Tucker Woodson, MD</i> - Cases
3:00 PM	Break		
3:30 PM	CONCURRENT A ▼	Neurostimulation in practice: What every clinician needs to know <i>Ryan J. Soose, MD, BS; Moderator: Reena Dhanda-Patil, MD</i> - Predictors of Success: How to Select and Counsel? <i>Phillip Huyett, MD</i> - Surgical Counseling for HNS: Bilateral and Unilateral <i>Ryan Nord, MD</i> - CPT Coding HNS - What Happened and How It Impacts All of Us <i>Noah Parker, MD, FACS</i> - HNS Management: Tolerance and Effect <i>Thomas Kaffenberger, MD</i> - Discussion Panel: Future of HNS and Treatment Decision Making <i>Phillip Huyett, MD; Ryan Nord, MD; Noah Parker, MD, FACS; Thomas Kaffenberger, MD; Alan Schwartz, MD</i>	CONCURRENT B ▼ Expanding the airway: Skeletal surgery and orthodontics in OSA <i>Sebastian Jara, MD, MPH and Ryan Williams, MD, DMD</i> - MMA: When should it be first line? <i>Raj Dedhia, MD MSCR</i> - Demographic Phenotyping in Skeletal Sleep Surgery <i>Mohamed Abdelwahab, MD</i> - Maxillary Expansion in Children: Implications for OSA <i>Cecille Sulman, MD</i> - SARPE: When and Why? <i>Courtney Chou, MD</i> - To Cut or Not to Cut: Skeletal Expansion Strategies <i>Audrey Yoon, DDS</i> - Integrating ENT and maxillofacial surgery in OSA <i>Sukhvinder Bindra, MDS</i>
5:00 PM	Awards & Closing <i>Presenter: Lyndon Chan, MBBS, FRACS, MBA</i>		
5:30 PM - 7:30 PM	Social Event at Tom's Watch Bar		